



4/22/21 9:35 pm

## THOUSAND OAKS HIGH SCHOOL VARSITY & TFT DANCE TEAM 2021 TRYOUT INFORMATION

Dear Dance Team Applicant and Parent:

TOHS is currently in the process of selecting members for its 2021-2022 dance teams. We will be selecting **two** separate dance teams but will have only **one** application process. The two teams will be the Varsity Dance Team, and the TFT Dance Team. The tryout will be in person as well as the tryout clinics but, a virtual audition will be given to those who need that process.

### VARSITY DANCE TEAM:

The Varsity Dance Team will select approximately 12 – 25 dancers for the 2021/22 season. The varsity team is required to meet daily during 6<sup>th</sup> period, with after school practices. They will train in all styles of dance. Varsity dancers are required to have a yearlong commitment from June 2021 – June 2022. The varsity team will consist of freshmen-senior dancers; returning members must tryout and are **not** guaranteed a spot, with the exception of any four-year member.

### TFT Dance Team (Technique for Team):

The TFT Dance Team will select 8 - 20 dancers for the 2021/22 season. We would like the TFT team to meet daily during 5<sup>th</sup> period dance class, with one to two after school practice. They will also train in all styles of dance. We are open to other needs of the dancers auditioning as to other dance class period as per their schedule. TFT dancers are required to have a yearlong commitment from June 2021 – June 2022. The TFT dance team is a training team for the **purpose of auditioning for varsity in the future**. The TFT team will consist mostly of freshmen-junior dancers but seniors will be welcomed to train based on numbers. Due to COVID this past season, this team was on a hiatus so we will re-build this program this year based on what we see at tryouts etc. All possibilities are on the table.

### TIME COMMITMENT: Summer

*\*Summer commitments are subject to change based on the current COVID-19 situation. Summer commitment updates will be communicated to the new teams when appropriate. For example, requirements could change to virtual practices, home workouts, etc.*

The Varsity and TFT team commitments will meet weekly in the summer starting June 21<sup>st</sup>. In addition to weekly practices, the teams will attend various dance camps. There is a **strong expectation** that dancers will attend all summer practices in preparation for fall performances. Dancers will be excused with permission for planned vacations, summer school, etc. These excuses will be clarified at the first team meeting for the dancers who make the team(s). A final summer schedule will also be provided at the first team meeting.

### VARSITY SUMMER COMMITMENT

*All camps are strongly encouraged, but optional.* All optional dance costs will be discussed at the first team meeting.

- **Varsity Mini Camp #1:**
  - *July 5<sup>th</sup> – July 9<sup>th</sup>* at Thousand Oaks High School from 8:00 am - 9:00 pm. Dancers will train, condition, audition for competition routines and learn our first routine for our first performance at USA Elite Camp. Attendance is **strongly recommended**.
- **USA Elite Camp:**
  - *July 29<sup>th</sup> – August 1<sup>st</sup>* at Cal Lutheran University in Thousand Oaks. Dancers will train, condition, and learn choreography from USA staff members for fall performances. Attendance is **strongly recommended**.

- **Varsity TOHS Camp #2:**
  - *August 9<sup>th</sup> – August 13<sup>th</sup>* at Thousand Oaks High School from 8:00am - 9:00pm. Dancers will train, condition, audition and learn competition routines and learn most football routines. Attendance is **strongly recommended**.
- **Officers Camp:**
  - **Dates TBD** for executive officers only President, Vice president, Captain and Co-Captains.

## TENTATIVE VARSITY WEEKLY SUMMER PRACTICES 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Required Attendance</b>		5:00 – 6:00pm <i>Ballet</i> 6:15-9:00pm <i>Team Practice</i>	4:00-5:00pm <i>Conditioning</i> 5:00-6:00pm <i>Hip Hop</i> 6:00-7:00 <i>Flexibility</i>		9:00-10:30am <i>Ballet</i> 10:30-12:30 <i>Team Practice</i>
<b>Optional Attendance</b>	7:00-9:00pm <i>Illusions</i>				

## TFT SUMMER COMMITMENT

*Camp is strongly encouraged, but optional.* All optional dance costs will be discussed at the first team meeting.

- **TFT Mini Camp:**
  - **July 21<sup>st</sup> - July 22<sup>nd</sup>** at Thousand Oaks High School from 12:00 pm - 8:00 pm. Dancers will train, condition, and possibly audition for competition routine(s) as well as learn our first routine for our first performance. Attendance is **strongly recommended**. Their schedule below could be minimized based on the quantity of members selected.

## TENTATIVE TFT WEEKLY SUMMER PRACTICES 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Required Attendance</b>	5:00-7:00pm <i>Team Practice</i>		5:00-6:00pm <i>Flexibility</i> 6:00-7:00 <i>Hip Hop</i>	5:00-6:00 <i>Ballet</i> 6:15-8:00/30 <i>Team Practice</i>	
<b>Optional Attendance</b>	7:00-9:00pm <i>Illusions</i>				

## TIME COMMITMENT: School Year

Each team member on the Varsity Dance Team and TFT will receive PE or Fine Arts credit during the school year for their class participation; 5<sup>th</sup> period is suggested for TFT and 6<sup>th</sup> period for the Varsity. A final practice schedule for the school year will be sent no later than August 2020.

### Varsity Dance Team School Year Commitments

- Meet daily during 6<sup>th</sup> period.
- Weekly after school practices 2-3 times a week.
- Additional weekend practices in October – December.

- **Varsity Performances** include but are not limited to: School rallies, football halftimes, basketball games, community events, winter concert, and spring concert.
- **Varsity Competition Season:** Varsity will compete at 10 – 14 competitions between the months of January – March. The majority of competitions are Saturdays only, with a few competitions extending through the weekend. An exact competition schedule will be set no later than November 2021.
- Additional technique classes for all team members are **encouraged but not required**. Note the more technical a dancer is, will directly affect how many dances they are in.

**TENTATIVE VARSITY SCHOOL PRACTICE FALL SCHEDULE 2021:**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>6<sup>th</sup> Period</b>	12:45-4:00 pm <i>Team Practice</i>	12:30-2:00pm <i>Ballet/Team Practice</i>	12:45-2:00pm <i>Team Practice</i>	12:45 -2:00pm <i>Team Practice</i>	12:30-2:00pm <i>Team Practice</i>	Fall– <i>Some additional practices</i>
<b>After School</b>		5/6:00 – 9:00pm <i>Team Practice</i>		5/6:00 – 9:00pm <i>Ballet/Team Practice</i>	Fall – <i>Football Performances</i>	Spring– <i>Competition Season</i>
<b>Optional Classes</b>	7:00-9:00pm <i>Illusions</i>					

**TFT Dance Team School Year Commitments**

- Meet daily during 5<sup>th</sup> period.
- Weekly after school practices 1-2 times a week.
- **TFT Performances** could include JV football halftimes, community events, winter concert, and spring concert.
- **TFT Competition Season:** TFT will compete at 2-3 competitions between the months of January – March. The majority of competitions are SATURDAYS only. An exact competition schedule will be set no later than November 2021.
- Additional technique classes for all team members are encouraged but not required. Note the more technical a dancer is, will directly affect how many dances they are in.

**TENTAIVE TFT SCHOOL PRACTICE SCHEDULE 2020:**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>6<sup>th</sup> Period</b>	11:23-12:20pm <i>Team Practice</i>	11:23-12:20pm <i>Team Practice</i>	11:23-12:20pm <i>Team Practice</i>	11:23-12:20pm <i>Team Practice</i>	11:23-12:20pm <i>Team Practice</i>	Fall– <i>Some additional practices</i>
<b>After School</b>	4:00 – 6/7:00pm <i>Team Practice</i>		5:00 – 7/8:00pm <i>Team Practice</i> <b>TBD</b>		Fall – <i>Football Performances</i>	Spring– <i>Competition Season</i>
<b>Optional Classes</b>	7:00-9:00pm <i>Illusions</i>					

## TEAM TARGET DONATIONS: Brief overview

**NOTE:** The monthly target donation is based on overall projected expenses for the program (coaches, choreography, rehearsal hours, etc) minus any group fundraising or sponsorship efforts. The target donation is then determined based on the **number of team members** selected for each team. *No student will be denied full participation on Varsity or TFT dance teams because of a decision not to donate.*

### Varsity Target donations

- An initial target donation deposit will be collected at the 1<sup>st</sup> team meeting.
  - \$500.00 for **new members** and \$200.00 for **returning members**.
- **Team clothing/uniforms:** Any team clothing or uniforms need to be paid in full **upon ordering in June**.
  - The estimated cost is **\$200.00 – \$500.00** based on what is needed for the individual dancer. If clothing purchases are not possible, a loner will be given for that dancer at each performance.
- **Monthly Target Donations will be collected between the months of August – May.**
  - Varsity dancers will owe \$350.00 - \$650.00 per month.
    - \$185.00 - \$200.00 for coaches and choreographers. (\$20 of this money is applied to competition entrance fees)
    - \$250.00 – \$450.00 for clothing, choreography, costuming, and optional competition dances for which they are selected.
- **A target donation email** will be sent monthly as a record of donations. For accounting purposes, please send the target donations by the 10<sup>th</sup> of each month.
- **Total estimate of yearly target donation:** \$4,000.00 - \$5,000.00 per dancer.

### TFT Target donations

- An initial target donation deposit will be collected at the 1<sup>st</sup> team meeting
  - \$125.00 for **new members**.
- **Team clothing/uniforms:** Any team clothing or uniforms need to be paid in full **upon ordering in late September**.
  - The estimated cost is **\$100.00 – \$200.00** based on what is needed for the individual dancer. If clothing purchases are not possible, a loner will be given for that dancer at each performance.
- **Monthly Target Donations will be collected between the months of August – May.**
  - TFT dancers will owe \$115.00 per month. Once again, based on the quantity of outside practices, this amount may be LOWER this year.
    - \$15 of this money is applied to competition entrance fees.
- **Collection of monthly target donations** will be at team practices. For accounting purposes, please send the target donations by the first team practice of each month.
- **Total estimate of yearly target donation:** \$1,400.00 - \$1,500.00 per dancer. Once again, this may be lowered due to less practices.

## Tryout Overview

This year tryouts will be held in person although, if a person would need a virtual tryout, an online process for both the Varsity and TFT Dance Teams will be provided. Dancers who submit a completed application by the deadline will receive detailed instructions via the email(s) provided on the application. **Applicants will learn the material during a zoom at the same time the other dancers are learning it.**

**Here may be an overview of what is required in the applicant's tryout video is as follows:**

1. Dancer Introduction & answer to interview questions (*why do you want to be on dance team?*)
2. Technical Skills performed individually (*jazz walks, chaines/piques, battements, pirouettes, leaps*)
3. Flexibility and Strength Skills (*splits, push-ups, and plank hold*)
4. Jazz Combination
5. Hip Hop Combination
6. **OPTIONAL** – Any other video of the applicant dancing *within the past year* (i.e. *solos, competition videos, recital videos, dance classes, etc.*)

## APPLICANT REQUIREMENTS

### 1. ACADEMIC:

Each applicant is required to have a 2.0 GPA or higher. **Please attach a copy** of the dancers fall semester 2020 and semester grades with the application.

### 2. ATTENDANCE:

A list of prospective dance team members will be provided to the office to confirm good school attendance. If a student does not have a 90% or higher attendance at school. Please attach a written explanation of any attendance problems so we understand if this requirement is NOT met. This explanation must include a parent or guardian's signature. Auditioning will be at the discretion of the director if this requirement is not met. The past attendance of current team members will be a consideration at tryouts.

### 3. PARENT SUPPORT:

Each applicant must have a parent or legal guardian's signature signifying their support on your possible selection to a team. ***The parent signature serves as an acknowledgement of the time commitment and team expectations.***

### 4. CONDUCT:

The applicant's names will be given to administrators to verify satisfactory conduct in the school. If there are concerns about discipline issues, the student will be denied final membership on any team. After tryouts, all team members will be **required** to sign a code of conduct form and social networking guidelines will also be enforced. This will be given out at the first team meeting.

### 5. HEALTH – LIFESTYLE – TEAM IMAGE:

A healthy lifestyle for all team members is required and taught. In order to maintain individual fitness and high levels of energy necessary for the team, each member will be expected to maintain healthy habits.

### 6. TEACHER RECOMMENDATIONS:

#### **NEW APPLICANTS (any non-returning dance team member):**

***New applicants for any team*** must have **2 teacher recommendations**. New applicants may give those recommendations to the teachers of their choice (For example, a schoolteacher, dance instructor, etc.)

#### **RETURNING APPLICANTS (2021/22 varsity dancers):**

***Returning applicants who are re-auditioning***, will receive their recommendations from Coach Jordan and Director Murphy. These recommendations will be given to the coaches on your behalf, ***you do not need to fill them out. So, in other words, you do not need to turn ANYTHING in.***

## Selection process & Expectations

The number of team members is not pre-determined, although approximately 8 -25 dancers will be chosen for both the Varsity and TFT teams. Size will be determined from the scores and talent ability of those who participating in the tryout. If there is a small number trying out, we will take less. If there is a large turn out, we will take the higher number. ALL WILL BE SKILL BASED.

Varsity Dance Team members will perform at school activities listed previously. Each performance may include **all** members, or a **selected** group based on their skill, preparedness, attendance and commitment. Each performance will be pre-determined by the director, coaches, and choreographers.

For TFT and Varsity Dance Team, competition dances will be selected between July and November by the director, coaches, and choreographers. These competition routines will determine the number of dancers needed and chosen along with skill level, attitude, work ethic, and experience.

For **Varsity Dance Team** members, selection of **soloists** will be done at the end of the summer. No pre-determined number of soloists is set and will be selected by audition. Solo competition spots will be given to the **top skilled soloists** who are selected and determined by the director and coaches. Selection is based on preparedness, work ethic, skill, past history, and commitment to improvement. In addition, there is **no** promise of a solo performance in the Spring Concert. If selected for a solo, choreographers and costuming must be pre-approved by the director and coaches.

If needed, an applicant **may** have a short informal interview with the Director Murphy, and Coach Jordan. We are in search for those dancers who are motivated, hardworking, committed, confident, poised, genuine, friendly, and have positive attitude. We are looking for dancers who have initiative and want to get better. We want those dancers who have a passion and love for dance. We want dancers who never stop wanting to progress even when it gets tough. Our team motto is "I CAN DO HARD THINGS". We will try to ask questions that will help us get to know the applicant for these qualities. The interview will be a consideration in their final score as well as their work ethic if we have had them in class. ***If an interview is needed, Murphy will contact dancers via email or phone to set up an interview time through phone or zoom.***

**The 2021 – 2022 Varsity and TFT dance teams will be selected from a combination of the following things:**

- 1) Judges scores on applicant's technical skills and execution of combinations
- 2) School attendance
- 3) Teacher recommendations
- 4) Dancer's GPA / academic performance.
- 5) If needed, an informal interview

*NOTE: If needed, selection of any additional member during the school year will be at the discretion of the director and coach. They will audition in a similar way to the original team selection.*

**Note:**

*Summer practices begin the week of June 21st.*

*A detailed practice schedule will be given out at the first team' parent/dancer meeting.*

## 2021 - 2022 Varsity & TFT APPLICATION CALENDAR

### UPDATED TRYOUT CALENDER PER NEW DISTRICT GUIDELINES April 19<sup>th</sup>, 2021

#### April 26<sup>th</sup> – May 17<sup>th</sup>:

Tryout packets/applications will be available on our website [WWW.TOHSDANCETEAM.COM](http://WWW.TOHSDANCETEAM.COM). It will also be accessible on the activities page on the Thousand Oaks High school website. Please read the provided information thoroughly and begin to prepare your application. Pictures are mandatory and will not be returned.

#### Thursday, May 6<sup>th</sup>:

6:30 pm

Optional Zoom Meeting with Director Murphy and Coach Jordan will be available to answer any questions or concerns regarding the tryout process/information and application.  
**Meeting ID: 820 6910 9288; Passcode: Tryouts21**

#### Monday, May 17<sup>th</sup>:

8:00 pm

You may also drop it off at the *Activities Office @ TOHS*. Completed applications are due and will need to be emailed to [TOHSLANCERDANCERS@GMAIL.COM](mailto:TOHSLANCERDANCERS@GMAIL.COM). Applications can be submitted on or before this date; **NOTE: PLEASE!!!! Early applications are very helpful** and show a dancer's preparedness and maturity. Last minute applications make it harder to prepare the best tryout possible on our part. Dancers will receive confirmation that their application was received via email. Please be sure your application is **completed in full** prior to submitting (*see application check off list for assistance*).

#### Wednesday, May 19<sup>th</sup>:

***First Dance Team Clinic at the TOHS outside of GAR and next to gym.***

*All safety protocol's will be in place according to district policies.*

***Note: A virtual zoom will be given to any candidate that needs this accommodation for the clinic, review and tryout sessions.*** Please contact us and indicate this on your application.

3:45 – 4:00

Dancer will check-in @ TOHS outside the GAR (the dance room) and receive their audition number. Be prepared to dance outside between the GAR and gym. Senior helpers will be in the front of TOHS parking lot to guide any applicant to the tryout area. Any missing items from the application packet must be brought or audition will be denied. (Examples would be picture, signatures, etc.) Recommendations are an exception as this is up to the teacher to return them on time. ***We will accept recommendations up until the day of the final tryouts.***

4:00 – 4:45

Warm-up begins and then across the floor skills. This will be judged as well as a possible cut based on the number of applicants and the skill level of the group.

4:45 - 5:00

Break; snack and change to hip-hop clothes.

5:00 - 6:00

Teaching of first tryout combo/routine: Hip-Hop

6:15 - 7:45/8:00

Teaching of second tryout sequence combo/routine: Jazz

Evaluation of dancers to this point to continue in the audition process.

#### Thursday, May 20<sup>th</sup>:

6:00 – 7:15 pm

***Review session***

Review of all tryout combos and procedures.

8:15 pm

Final tryout groups and tryout individual group times will be posted.



**Friday, May 21<sup>st</sup>:**

4:00-10:00pm

***Final Tryout***

TFT/Varsity TRYOUTS in inside TOHS GAR; (*This time could vary depending on the number of applicants*). The taught try-out dances/combo will be performed in a closed room with just the judges. Each tryout group will consist of two candidates to ensure safety covid protocols. Other dance skills may be asked to be performed. The candidates also may be asked a few personal questions as well. More details will be given to these final candidates as the date gets closer. The dancers will have a predetermined tryout time and not need to stay longer than their own specific tryout time. Therefore arrival times will vary as well.

**Wednesday, May 26:**

5:30 pm

**Tryout results posted!** Dancers who made the Varsity and TFT Dance Teams will be contacted via email. The roster for the 2021-2022 Varsity and TFT Dance Teams will also be posted on our website [WWW.TOHSDANCETEAM.COM](http://WWW.TOHSDANCETEAM.COM). We will also post the results also on the GAR doors.

**Wednesday, June 2<sup>nd</sup>:**

6:00 – 7:00

**New TFT Zoom Team meeting.** This will be for both dancer and parent. Attendance by one or both of parents is strongly encouraged. If we are allowed at this time to do it in person, we will do that. TBD

7:30-8:45

**New Varsity Zoom Team meeting.** This will be for both dancer and parent. Attendance by one or both of parents is strongly encouraged. If we are allowed to do this in person, we will do that. TBD

**Dates to Be Determined:**

*Based on the current situation of COVID-19, the following meetings for both Varsity and TFT Dance Teams will be confirmed at a later date.*

- New team meetings
- New team fittings

**TRYOUT PROCEDERES AND TIMES ARE SUBJECT TO CHANGE AT THE DISCRETION OF THE DIRECTOR AND COACH**

*No student will be denied full participation in Varsity Dance Team of TFT team for a decision not to donate to the program.*

If you have any questions, please contact

**TOHS Dance Director JaLeen Cole - Murphy**

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(805) 207-1501

**TOHS Dance Coach Jordan Jones**

[jmacjones\\_11@msn.com](mailto:jmacjones_11@msn.com)

(805) 405-8017

**TOHS Dance Asst. Coach Madi Given**

[madi@sdg-design.net](mailto:madi@sdg-design.net)

(805) 206-8973

**Thank-You in advance for your interest**